



→Description

No one else but the Hmong minority knows better their valley and its secrets.

For two days, explore the best of this breathtaking and lively valley, walk alongside the river, reach the most beautiful waterfall of the valley and get to know about their traditional life through ethnic villages, terraced rice paddies and a bamboo forest.

Our local English speaking H'mong guide make this trip unforgettable.

→Details:

Difficulty: Easy (25km / 30km)

Sapa- Y Linh Ho – Lao Chai - Ta Van– Bamboo forest – Water Fall – Giang Ta chai– Su Pan– Hau Thao

1st day:

Depending on you, the trek can start from Sapa in the morning or at 1pm. For your first day, you will leave Sapa and trek into the Muong Hoa Valley with its breathtaking scenery and its traditional villages until Zizi Homestay located in Hau Thao. If you have big luggage, we can pick them up and bring them to our homestay.

Arrived in Zizi Homestay, relax yourself and enjoy the stunning view or play with the children of the village.

A delicious family dinner, cooked by Zizi, will be served at 7pm.



2nd day:

Slowly wake up with our delicious breakfast before continuing your trek in the heart of Muong Hoa Valley. After crossing Ta Van, one of the most famous villages, you will trek through a mystic bamboo forest before reaching the most beautiful waterfall of the valley. From there, enjoy the amazing view on the other side of the valley. In Giang Ta Chai, get the opportunity to learn about the second most important minority of the valley: the Red Dao.



At the end of the day, before coming back to Sapa, enjoy your last moment in Zizi homestay, feel free to explore Zizi's village and enjoy the sunset.

After the family dinner, our car will bring you back to Sapa town.



[All the pictures are taken by our guests]

→Included:

A English speaking Hmong guide, 2 lunches and dinners, water (1 big bottle/day), night in our homestay (dormitory bed), transportation, entrance fees for the valley

→Excluded:

Other beverages, personal expenses, personal travel insurance

→Price:

Departure from Sapa:

Nb of persons	1	2	3	4-5	6-7
Price/ pax	\$80	\$50	\$40	\$36	\$34

Departure from Hanoi with round trip bus tickets, breakfast on arrival and a dinner on the 2nd day:

Nb of persons	1	2	4	5	6 and more
Price/ pax	\$105	\$75	\$65	\$60	\$58

(+\$9/pax for a double room instead of dormitory)

The benefits will directly help the Hmong community to improve their living conditions and the education of their children